

Reworking Coexistence by Suzanna Yahya Nadler 10/18/17

After years of ceding the best room of our house, the tower, to my husband, I have just infiltrated his desk and have my new office in the lookout! Being a earth-ground lover it is mysterious how I am suddenly at the highest point of our house, surveying the colors of fall and the tops of the trees. All it took was a little nudge, and the desire to transform the way we have long ago done things. Sometimes the energy is ripe for the shifting and that appears to be now!



The Libran new moon arrives today to create balance, seek cooperation; this sign knows all about relationships. The moon and the sun are both in Libra and very close by (in conjunction) are Jupiter, the largest planet, and Mercury, the quick-paced communicator, both in Scorpio. Scorpio's influence will help us to get to the bottom of things through truly

honest conversations (Mercury) while Jupiter commands us to stand in our bigness. All four of these planets are opposite Uranus, the unpredictable agent of change that tells us to go outside the box and see things in a fresh way.

Co-habiting with anyone for 30 years is the perfect feeding ground for fixation. Easily, I could have given up on the possibility of an office switch, relegating the loft to Rod. In my psychotherapy study group it is effortless to give over my power to the leader, rather than advocating for the kind of in-depth transformations that my soul wants, but that is not what I am doing. Imagining myself as the largest planet of our solar system, humungous but minute in comparison to the whole cosmos, I am both humbled and excited to be the spokesperson for change that benefits more than just myself.

Coexistence becomes stagnation without evolution. This simple office refashioning was long overdue. Now Rod can get to the downstairs office, where the phone is, his charts are, while I can have the privacy to do my

online sessions. Potentially, through my resolve to voice the reshaping of our psychotherapy group we can blossom into claiming more of our own individual power rather than relying upon the leader. What reformation can you envision and speak into?

"If you do not see light at the end of the tunnel, consider it an opportunity to create an opening yourself, wherever you want." Ashok Kallarakkal