

## Trusting Enough for Me-We by Suzanna Yahya Nadler 10/4/17

Ironically, the focus for our fall SoulWork classes is exactly what this full moon is all about. Standing in the truth and power of who we are as individuals and taking the action that is needed is true autonomy which is symbolized by the full moon in Aries. The moon is not isolated, however; the relationship planets of Venus and Mars are in alignment with the sun and opposing this full moon. Certainly, it is important, above all else, to actualize our desires, but what happens when the determination to profess and get our way conflicts with that of another?



I can assert my authority, especially in a vacuum, but when I am opposed in any way, I push through with a willful stance rather than face the contradiction of holding what is important to me and what another values. My nephew came to visit last weekend and he is an arguer, like I am. The prelude to any argument is standing in the acknowledgment of what is important to you. Even though this first phase can be extremely uncomfortable to many, I

can embrace it as a coming together to share our passionate stances in dialogue. Afterwards, though, the initial risk to trust myself is taken over by the need to prove my point. Methinks that my trying to persuade another is really a failure of believing in myself. Arguing then becomes the means with which I grapple with my own self doubt.

With many groups of people who have different points of view from myself, I just take the familiar backseat and stop engaging. Like in my family of origin, I argued with my father and gave up on my mother. The sadness

creeps in as I recognize the ways I am giving up on myself or trying to force myself to fit in. Like exercising a muscle, I am taking time each day to inquire into myself - making space for the small likes, dislikes, confusions, clarities to discover the evolving sense of me. Then, I must be willing to gamble what is emerging within back into the world. To take the chance to truly stand by myself even in the face of opposition or apathy - this is faith and the forerunner to many possibilities. Okay, Aries, you who know yourself and are willing to face the obstacles, I'm with you!