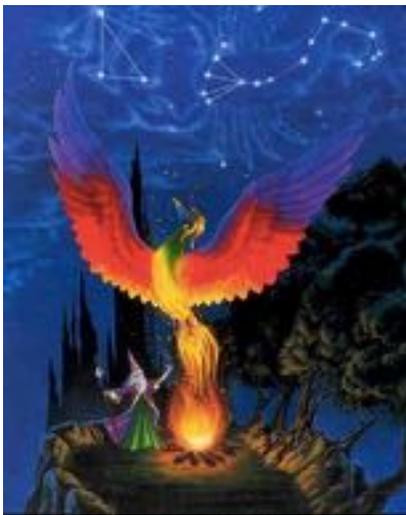


Talkin Bout Regeneration by Suzanna Yahya Nadler 11/17/17

Scorpio is the initiator of the metamorphosis from the ashes of the burned up mythical phoenix to the deeper evolution of Self. This astrological sign is not some nebulous energy or an intellectual construct. Be prepared because sometimes Scorpio's intensity links up with a real flesh and blood person to kick us into the transformation. Since there is an abundance of Scorpion energy abounding, there is no escaping this drive to heal, face our inner truth and clarify what is needed now. Jupiter, Venus, the Sun and Moon are all reflecting this powerful need to have our energies freed up.



Recently after months of not hearing her voice, my teacher called asking me to join her as she constructs and teaches a weeklong Journey of the Phoenix. Just as the new Scorpion moon dawns in the wee hours of this morning, I am being called on this odyssey of the soul. You'd think I'd jump at the opportunity, but instead my trepidations arise. First of all where this journey takes place is my nemesis - the redwood forest in the summertime where my body reacts to the damp chill with sinus infections. Secondly, my teaching emphasis which largely incorporates the body and psychology, although cognitively appreciated by most, is often held at arm's length by the spiritual community. I hear my teacher's words reverberating in my heart, "Never turn down a chance to lead." How do I care for myself, value my teaching, and support my teacher?

These questions are percolating. Not everything needs to be known now. The yes is out there and the clarifications will continue. Clearly I want to take care of myself physically, so saying yes means being willing to find alternative housing, not going along with the norm. In valuing the transfiguration of myself as a teacher, I will not beg for students. I will not turn myself upside down or inside out to be accepted. My depth can be received when I show my skills as a performer in the theatre of healing and transformation. Resolutely I find my voice to advocate for this change not, just in myself, but in my teacher, and all those who are willing to come on this pilgrimage.

Saying yes, is trusting in the evolution and healing of myself within my spiritual community.